

LISTEN

Ecclesiastes 5:1-7

Seeing the pain and naming the injustice of the world could easily lead to thinking all is lost, but the author of Ecclesiastes offers another perspective. When in despair, when ready to throw in the towel, stop and listen. Approach God with reverence and humility, giving God your full attention, because true worship begins not with our words, but with our willingness to listen. Moses proclaimed, “Hear, O Israel,” calling God’s people to listen with their whole being. Jesus echoed this when He taught us to love God with all our heart, soul, and strength.

☐ **Monday: Read Ecclesiastes 5:1.**

This verse urges us to “guard our steps” when coming near to God.

What does it mean for you to enter God's presence thoughtfully?

How might you prepare your heart differently this week before you pray, sing, or worship?

☐ **Tuesday: Read Ecclesiastes 5:2-3.**

The Teacher warns of the danger of not listening, hasty to speech with too many words.

What makes it difficult to be quiet before God?

What distractions or inner chatter do you need to set aside in order to truly listen?

☐ **Wednesday: Read Ecclesiastes 5:4-5.**

God takes our words seriously, especially our promises.

When have you made a promise – to God or to others – that you didn’t follow through on?

How can you grow in speaking and acting with integrity?

☐ **Thursday: Read Ecclesiastes 5:6-7.**

These verses caution against performative religion.

In what ways do you feel pressure to “say the right things” in times of prayer?

What would it look like to simply be real in God’s presence?

☐ **Friday: Read Deuteronomy 6:4-5.**

This foundational command – “Hear, O Israel” – calls for full-bodied listening.

How is loving God connected to listening to God?

What voices are competing with God's voice in your life right now?

☐ **Saturday: Read Mark 9:7.**

At the Transfiguration, God speaks from the cloud: “This is my Son... listen to him.”

What is one teaching of Jesus you need to sit with more deeply this week, not to analyze or explain, but simply to hear?

In a world full of noise and distraction, we are invited to quiet our hearts, focus our minds, and worship as God deserves—attentive, undivided, and fully present.

True worship, God centered living, begins when we listen.