

## **WORSHIP - ALIGNMENT**

### **Romans 12:1–2, Psalm 95:1–11.**

Worship is a way of living that reorients our hearts to God's presence in every moment. From song and prayer to service and sacrifice, worship is how we tune our lives to the rhythm of heaven. In Psalm 95, the writer doesn't just invite us to worship; the psalm tells us why: so we can hear God's voice and realign our hearts with God's ways.

#### **Day 1: Read Psalm 95:1-11.**

Practice: Sometime today, kneel and pray, *"Lord Jesus, my heart is Yours."*

Reflection question: What most often pulls my heart away from God's presence, and what helps bring me back?

#### **Day 2: Read Romans 12:1-2.**

Practice: Notice one message today (news, social media, ads, work pressure) that tries to shape how you think. When you notice, pray: *"Jesus, shape my thinking with Your truth."*

Reflection question: What voices or patterns most influence how I see myself, others, or the world?

#### **Day 3: Read Ephesians 5:18–20.**

Practice: Choose one song today, sacred or secular, that helps you feel grounded, hopeful, or attentive to God's presence. Listen to it and pay attention to the words.

Reflection question: How can singing or listening to music change my awareness of God, myself, or the moment?

#### **Day 4: Read 1 Samuel 3:1–10.**

Practice: Sometime today, sit in silence for 3 minutes (set a timer if needed), and just listen. If you get distracted, say *"Speak, Lord, for Your servant is listening."*

Reflection question: When did I feel most aware of God's presence today, and what helped me notice it?

#### **Day 5: Read Proverbs 16:2-3.**

Practice: Start your day with this prayer: *"Jesus, I offer You this day, moment by moment - my effort, my focus, and my attitude."*

Reflection questions: How does inviting God into ordinary tasks reshape how I approach them? What does it look like to see my work or learning as an act of worship?

#### **Day 6: Read Romans 12:9–13.**

Practice: Find one small way today to serve someone – a helping hand, a kind word, patient listening – and do it as an act of worship.

Reflection question: How can serving someone else shape my awareness of God's presence and be an act of worship?

Carpenters don't measure once and hope for the best. They check again and again, using a level to make sure everything lines up. Worship is the tool God gives us to keep our lives aligned to the way of Christ. Aligned hearts lead to aligned lives, and aligned lives create communities marked by love, humility, and care for others.

**Worship isn't just what happens for an hour on Sunday; it's the ongoing practice that keeps Christ at the center of everything we do.**